

## Overall Results

Race No	Name	Age Category	Sex	Lap1	Lap2	Lap3	Lap4	Lap5	Total Time	Pos
3374	BRYCE RAWLINS	Youth	M	00:15:27	00:15:45	00:15:59			00:47:12	1
4816	GARETH ANDREWS	Youth	M	00:16:02	00:15:53	00:16:03			00:47:58	2
3766	JAMES DAMANT	Sub Junior	M	00:16:00	00:16:22	00:16:42			00:49:05	1
9602	CORBIN MANN	Youth	M	00:16:43	00:16:47	00:17:05			00:50:36	3
6575	JAMES DAVEY	Master	M	00:18:01	00:18:07	00:18:05			00:54:15	1
5000	JOHN BECKER	Master	M	00:18:18	00:18:15	00:17:53			00:54:28	2
4021	SAVANNAH SCHUIT	Youth	F	00:18:05	00:18:26	00:19:03			00:55:35	1
2051	HARKO DE BOER	Master	M	00:18:40	00:19:13	00:19:29			00:57:24	3
1479	DAVE IBBETSON	Master	M	00:19:15	00:19:36	00:19:39			00:58:31	4
14263	ROCHELLE VAN ECK	Youth	F	00:20:16	00:20:52	00:19:31			01:00:40	2
40064	BRADLEY FORD	Youth	M	00:20:11	00:20:27	00:20:18			01:00:57	4
7730	PATRICK DALAIS	Master	M	00:21:49	00:20:01	00:19:53			01:01:44	5
13555	JAMES DIXON	Grand Master	M	00:21:36	00:21:48	00:24:31			01:07:56	1
7991	AMY JACKSON	Nipper	F	00:22:02	00:22:35	00:23:43			01:08:20	1
3030	PETER VAN DER VYVER	Master	M	00:22:20	00:23:34	00:22:52			01:08:48	6
3981	ANDREW HILL	Elite	M	00:13:59	00:14:27	00:14:46	00:15:07	00:13:40	01:12:00	1
1848	HILTON FROST	U23	M	00:14:43	00:15:05	00:14:57	00:15:13	00:14:56	01:14:56	1
3518	KLAAS MEINTJES	Elite	M	00:14:32	00:15:14	00:15:01	00:15:09	00:15:19	01:15:18	2
4018	BRADLEY SCHUIT	Junior	M	00:14:54	00:15:41	00:15:25	00:15:27	00:15:10	01:16:39	1
4615	MARC ADAM	Veteran	M	00:15:11	00:15:26	00:15:20	00:15:29	00:15:45	01:17:13	1
40659	FRANCOIS FERREIRA	Elite	M	00:15:06	00:15:23	00:15:22	00:15:31	00:16:10	01:17:35	3
3966	CARL CALVERLEY	Elite	M	00:16:49	00:15:17	00:15:18	00:15:27	00:16:19	01:19:13	4
4166	DM COETZER	U23	M	00:15:13	00:16:19	00:15:55	00:16:11	00:16:28	01:20:08	2
3327	JOHN DENSHAM	Sub Veteran	M	00:17:16	00:16:32	00:16:44	00:16:40	00:17:07	01:24:21	1
4796	TREVOR HELLENS	Elite	M	00:16:47	00:16:41	00:16:53	00:16:49	00:17:12	01:24:23	5
2506	GLEN BECKETT	Veteran	M	00:16:54	00:16:45	00:16:59	00:16:54	00:17:25	01:24:59	2
2730	DARRYL BROKENSHA	Sub Veteran	M	00:17:16	00:17:09	00:17:08	00:17:11	00:16:59	01:25:45	2
13996	STEFAN VAN ECK	Junior	M	00:15:04	00:18:41	00:18:04	00:17:46	00:16:17	01:25:54	2
13565	MICHAEL PARKINSON	Junior	M	00:16:51	00:18:01	00:18:20	00:16:20	00:16:22	01:25:56	3
3476	CLIVE DAMANT	Veteran	M	00:16:34	00:17:02	00:17:20	00:17:44	00:17:34	01:26:15	3
7733	RICHARD SWALE	Sub Veteran	M	00:17:21	00:17:11	00:17:31	00:17:51	00:18:19	01:28:15	3
45189	THINUS VAN NIEKERK	Elite	M	00:17:46	00:17:29	00:17:26	00:17:37	00:18:18	01:28:39	6

8626	WIMPIE ROUWENHORST	Elite	M	00:17:13	00:18:22	00:17:53	00:18:28	00:18:46	01:30:45	7
2560	SHANNON ROBERTSON	Veteran	M	00:17:05	00:18:07	00:18:14	00:19:09	00:18:16	01:30:52	4
7986	CRAIG JACKSON	Veteran	M	00:17:38	00:18:19	00:18:05	00:18:08	00:18:52	01:31:05	5
3401	DALE TARR	Elite	M	00:17:35	00:18:15	00:18:08	00:18:34	00:18:37	01:31:11	8
9272	MARK POTGIETER	Veteran	M	00:18:57	00:17:55	00:17:54	00:18:30	00:18:16	01:31:34	6
85000	BRAD PEARSE	Sub Veteran	M	00:25:55	00:14:36	00:17:28	00:17:11	00:16:41	01:31:53	4
80876	PAUL SHACKLETON	Elite	M	00:19:56	00:18:27	00:17:39	00:18:04	00:18:21	01:32:30	9
4289	DG GERBER	U23	M	00:17:33	00:18:33	00:18:23	00:18:50	00:19:24	01:32:45	3
9183	DAVID LOMBARD	Veteran	M	00:18:50	00:18:36	00:19:02	00:19:30	00:20:28	01:36:28	7
5619	DE VILLIERS MEINTJES	Sub Veteran	M	00:19:13	00:20:27	00:21:14	00:21:17	00:22:15	01:44:28	5
1923	JOANNE HOYER	Elite	F	00:21:55	00:22:31	00:22:42	00:22:30	00:21:20	01:51:01	1
4085	JACQUES NEL	Sub Veteran	M	00:18:48	00:19:04	00:19:23	00:17:33			6
4482	JOHN QUINN	Veteran	M	00:23:32	00:24:21	00:25:34	00:25:15			8
43364	DAVE JOHNSON	Veteran	M	00:22:32	00:23:54					8
3395	JOHAN GROBBELAAR	Veteran	M	00:18:53	00:19:01	00:19:23				8
42010	DANIEL TERBLANCHE	Veteran	M	00:18:24	00:18:33	00:19:13				8
8206	RYAN FUNDARO	Elite	M	00:17:25	00:18:21	00:18:19				10
9654	SARAH RYAN	Nipper	F	00:31:04	00:37:35					2
8604	TANNER QUINN	Sprog	M	00:29:02	00:33:20					1
6615	JOSHUA BROWN	Youth	M	00:24:57						5